



Post-Operative Instructions for LASEK/PRK

Post-Operative Eye Drops

*shake all drops before use
wait at least 2 minutes between each drop*

Lotemax	Week 1: 4 times a day Week 2: 3 times a day Week 3: 2 times a day Week 4: 1 times a day
Prolensa (start 2 days before surgery)	1 times a day until contact lens removed
Ocuflox	4 times a day for 7 days
Preservative Free Artificial Tears (available OTC)	4 times a day for 30 days

Additional Instructions:

- Only use your prescription drops after surgery.
- Your vision will be foggy immediately after the surgery. It is important to keep your eyes closed for 3-4 hours on surgery day. The best thing is to take a nap for 3-4 hours. This will allow the flap to heal.
- You will have eye discomfort/stinging for 2-4 hours after your surgery. To minimize the discomfort we recommend sleeping for 3-4 hours.
- No rubbing your eyes for 1 month.
- No eye makeup for 5 days.
- Use the eye shield provided to you for the first few nights after surgery.

***Call James Sermons M-F 8a-5p with questions or concerns: 512.927.2020**

****Dr. Mark Welding is on call for emergencies after hours and weekends: 214.924.3030**